

BREAKFAST & LUNCH

Selected Gluten free options available

BAGEL

w/ jam and cream cheese 9.5

w/ smoked salmon, cream cheese, capers, avocado & rocket 16.5

SEASONAL FRUIT SALAD 16.5

w yoghurt.

GRANOLA (homemade muesli) 18.5

w fresh seasonal fruit, yoghurt.

FRENCH TOAST 21.5

made with brioche and 5-spice, bacon, banana, maple syrup.

BLUEBERRY PANCAKES 20.5

w fresh fruit, vanilla mascarpone and maple syrup.

EGGS ANY STYLE 11

on five grain.

SMASHED AVO 19.5

w poached eggs, rocket on five grain.

OMELETTE 21

your choice of 3 fillings: Ham, cheese, tomatoes, mushrooms, spinach, onions ... served w tomato chutney and toast.

POTATO ROSTI GF 21

w/ poached egg, bacon or smoked salmon, avocado, cherry tomatoes & sour cream

EGGS BENEDICT w Bacon or Salmon Fillet 22

two poached eggs on ciabatta with spinach, hollandaise

EGGS BENEDICT Vegetarian Style 21

spinach, potatoes, tomatoes, button mushrooms and eggs on ciabatta with hollandaise sauce.

VEGE FRITTERS 20 w Bacon 24

avocado, hummus & a poached egg.

MINCE ON TOAST 20

w potatoes, poached eggs.

VEGE BREAKFAST 21.5

w roasted pumpkin and kumara, mushrooms, grilled tomatoes, poached eggs, hand cut fries w spiced salt, multigrain toast and tomato chutney.

MANUKA BIG BREAKFAST 24

bacon, sausage, mushrooms, poached eggs, grilled tomatoes, hash browns, multigrain toast and tomato chutney.

- PIES -

CHICKEN PIE 22

chicken, bacon, leek & mozzarella cheese, served with salad

SALMON & TARAKIHI FISH PIE 23.5

w green salad.

- SANDWICHES -

(TURKISH BREAD)

MANUKA SMOKED CHICKEN 18

with tomato, brie, avocado and aioli.

BLAT 18

crispy bacon, avocado, tomato, lettuce, and aioli

VEGETABLES 18

w roasted vegetables, feta, onions, avocado, pesto & aioli.

STEAK S/W & FRIES 26.5 w/ salad.

LAMB SKEWERS (spicy) GF 25.5

cabbage salad, Greek dressing & hummus.

MANUKA BEEF BURGER 23.5

bacon, tomato, lettuce, onion, cheddar cheese, BBQ sauce & aioli, coleslaw & fries.

CHICKEN BURGER 22

spicy chicken thigh marinated in lime, lemongrass and ginger with green apple, mint yoghurt served with fries and coleslaw.

- EXTRAS -

FRIED TOMATO, BACON, MUSHROOMS, HASH BROWN, SPINACH... EACH 4

- FAVOURITES -

SOUP OF THE DAY 15.5

please ask staff for availability.

SEAFOOD CHOWDER 21.5

w scallops, mussels, clams, salmon, tarakihi. Served w ciabatta.

FRESH NZ OYSTERS half doz 23.5 doz 42 three ways: Fresh – Kilpatrick - Tempura.

SALMON or TUNA CRUDO (spicy) GF 19.5

ginger, garlic, chilli, coriander, radish, spring onion.

VEGETARIAN PLATTER for 2 55

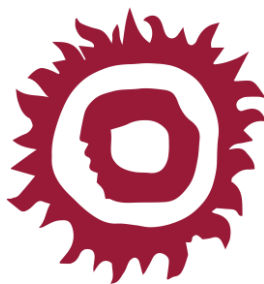
roasted pumpkin and kumara, mushroom & blue cheese, vege fritters, garden salad, hand cut fries w spiced salt, toasted ciabatta and a trio of dips.

SEAFOOD PLATTER for 2 69

scampi, F.O.D., salmon, squid, oysters, mussels & potatoes.

MEAT PLATTER (spicy) for 2 GF 72

lamb skewers, slow cooked pork belly, scotch fillet, grilled chicken, hand cut fries w spiced salt, garden salad, toasted ciabatta and a trio of dips.



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- SPECIALTY -

NZ WHITEBAIT FRITTER GF P.O.A.

with rocket, parmesan cheese salad & lemon mayonnaise.

SEARED SCALLOPS GF 22.5

cauliflower puree, roasted asparagus & caramel sauce.

MUSHROOM & BLUE CHEESE 20.5

w/ rocket tomato bruschetta.

MUSSELS 20.5

NZ green lipped mussels in white wine with a Thai style sauce & toasted breads.

BANGERS & MASH 23.5

w/a rich gravy & potato crisps

SCOTCH FILLET STEAK GF 31.5

w/ asparagus, mash potato & mushroom sauce.

BRAISED LAMB SHANK GF single 29.5 double 36.5

roasted potatoes, carrots in a rich lamb jus.

- FISH -

FISH & CHIPS 23

crispy beer batter, deep fried in low cholesterol oil with salad and fries.

MONK FISH GF 24.5

Grilled w/ mash potatoes & garden salad

SALMON RISOTTO GF 25.5

w/ asparagus, parsley & cherry tomatoes

SALMON GF 28.5

grilled w/hand cut fries, spiced salt, rocket salad, hollandaise

RARE TUNA GF 29.5

w/ asparagus, artichoke, poached egg & hollandaise sauce

- SALAD -

CAESAR SALAD 20

add Chicken 24

crisp cos, anchovies, bacon, garlic croutons, soft egg and parmesan with Caesar dressing.

CRISP FRIED CALAMARI GF 20.5

w/ apple radish salad – lemon tomato aioli

CHICKEN & MANGO SALAD GF 23.5

chicken breast, grilled halloumi, avocado, potato crisps, aioli & vinaigrette dressing.

LAMB LOIN SALAD GF 28.5

w/ roasted kumara, tomatoes, feta, mesclun & Moroccan dressing

ROASTED PUMPKIN & KUMARA GF 22

w/ feta, sundried tomatoes, spinach, pine nuts and basil pesto, finished with aioli and mesclun.

CALAMARI & SCALLOPS CAESAR SALAD GF 28

served on cos lettuce, anchovies, parmesan cheese and egg.

- SIDES -

GREEK SALAD 11.5

tomatoes, cucumber, feta cheese, olives, mesclun, oregano & vinaigrette.

SIDE SALAD 9

fresh mixed green salad.

VEGETABLES OF THE DAY 11.5

seasonal daily vegetables steamed and tossed.

FRIES, CURLY (SPIRAL) FRIES, KUMARA FRIES 9

w/ aioli.

WEDGES 9

seasoned wedges with sour cream.

HAND CUT FRIES GF 9

w/ spiced salt & aioli