



BREAKFAST & LUNCH

Bagel w/ Jam and cream cheese	\$8.50
Smoked salmon & cream cheese, capers, avocado & rocket.	\$15.50
Seasonal Fruit Salad with yoghurt.	\$13.50
Granola(home made muesli) Fresh seasonal fruit, yoghurt,	\$15.50
French Toast made with brioche and 5-spice, bacon, banana and maple syrup.	\$18.80
Blueberry Pancakes with fresh fruit, vanilla mascarpone and maple syrup.	\$18.80
Eggs any style on five grain.	\$10.50
Manuka Omelette w your choice of 3 fillings: Ham , cheese, tomatoes, mushroom, spinach , onion ... served w tomato chutney and toast	\$18.00
Eggs Benedict Two poached eggs on toasted breads with spinach and hollandaise sauce.	\$18.80
	With: Bacon
	Salmon
Eggs Benedict Vegetarian Style Spinach, potato, tomato, button mushrooms and eggs on breads with hollandaise sauce.	\$18.80
Vege Fritters: avocado, tomato parmesan cheese sauce & poached egg.	\$17.80
	With: Bacon
Baked beans w Spanish chorizo, bacon, poached egg and hollandaise sauce on bagel.	\$18.50
Manuka Big Breakfast Bacon, sausage, mushroom, poached eggs, grilled tomato, hash browns, multigrain toast and tomato chutney.	\$22.80
EXTRAS: fried tomato, mushrooms, hash brown, bacon...	Each: \$4.00
SANDWICHES (Turkish Bread)	
Manuka Smoked Chicken with tomato, brie, avocado and aioli.	\$15.80
BLAT Crispy bacon, avocado, tomato, lettuce and aioli.	\$15.80
Vegetable with roasted vegetables, feta, onions, avocado, pesto & aioli	\$15.80
Steak & Fries w/ warm Turkish bread & salad.	\$22.80
Manuka Beef Burger Beef Pattie w/ bacon, tomato, lettuce, onion, cheddar cheese, BBQ sauce & aioli served with coleslaw, fries	\$19.80
Chicken Burger spiced chicken thigh marinated in lime, lemongrass & ginger w/green apple, mint yoghurt served with fries & coleslaw	\$19.50





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Caesar Salad Crisp cos, anchovies, bacon, garlic croutons, soft egg and parmesan with Caesar dressing.	\$18.80
add Chicken.	\$21.80
Sesame Chicken Salad w/ pickled ginger, avocado, cucumber & carrot & vinaigrette	\$21.50
Nicoise Salad rare tuna ,potatoes ,green beans, olives, capers ,soft egg	\$26.50
Lamb Loin Salad w/roasted kumara, tomatoes, feta & Moroccan dressing	\$28.50
Roasted Pumpkin and Kumara with feta, sundried tomatoes, spinach, pinenuts and basil pesto, finished with aioli and mesculin.	\$20.80
Mushroom & Blue Cheese w/rocket tomato bruschetta	\$18.50
Crisp Fried Calamari w/ apple radish salad - lemon tomato	\$19.50
Potato Rosti with poached egg, bacon, spinach, avocado, vine tomato and sour cream.	\$18.50
Chicken Pie Chicken, bacon, leek & mozzarella cheese, served w/green salad.	\$16.80
Salmon & Tarakihi Fish Pie w/ green salad	\$19.50
Mussels Green lipped mussels in white wine with a Thai style sauce & toasted breads.	\$16.50
Seared Scallops cauliflower puree, roasted asparagus & caramel sauce	\$20.50
Fish & Chips crispy beer batter, deep fried in low cholesterol oil with salad and fries.	\$18.50
Banger & mash w/a rich gravy	\$18.50
Salmon Risotto w/asparagus & parsley	\$23.50
Fresh Manuka Salmon on warm new potatoes, tomatoes, capers, rocket & hollandaise.	\$28.50
Fresh NZ Flounder: Pan fried on mash potato, capers, parsley, butter sauce (please ask staff for availability)	\$27.50
Scotch Fillet Steak: w/ asparagus, mash potato & mushroom sauce	\$29.50
Rare Tuna w/ asparagus ,artichoke ,soft poached egg & hollandaise sauce	\$28.50
Braised Lamb Shank rosemary roasted potatoes, baby carrots in a rich lamb jus	Sgle: \$26.50 Dble: \$35.50
<u>SIDE ORDERS</u>	
Greek Salad Tomatoes, cucumber, feta cheese, olives, mesculin, & oregano with red wine vinaigrette.	\$11.50
Side Salad Fresh mixed green salad	\$9.00
Vegetables of the Day Seasonal steamed & tossed.	\$9.00
Home made baked beans w/ tomato sauce	\$9.00
Fries, Curly (Spiral) Fries, Kumara Fries with aioli	\$9.00
Wedges Seasoned wedges with sour cream	\$9.00





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Seasonal Fruit Salad with yoghurt.	\$13.50	Salmon & Tarakihi Fish Pie w/ green salad	\$19.50
Granola(home made muesli) Fresh seasonal fruit, yoghurt,	\$15.50	Mussels Green lipped mussels in white wine with a Thai style sauce & toasted breads.	\$16.50
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Blueberry Pancakes with fresh fruit, vanilla mascarpone and maple syrup.	\$18.80	Fish & Chips crispy beer batter, deep fried in low cholesterol oil with salad and fries.	\$18.50
Eggs any style on five grain.	\$10.50	Salmon Risotto w/asparagus & parsley	\$23.50
Manuka Omelette w your choice of 3 fillings: Ham , cheese, tomatoes, mushroom, spinach , onion ... served w tomato chutney and toast	\$18.00	Fresh Manuka Salmon on warm new potatoes, tomatoes, capers, rocket & hollandaise.	\$28.50
Eggs Benedict Two poached eggs on toasted breads with spinach and hollandaise sauce. \With: Bacon	\$18.80	Fresh NZ Flounder: Pan fried on mash potato, capers, parsley, butter sauce (please ask staff for availability)	\$27.50
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Baked beans w Spanish chorizo, bacon, poached egg and hollandaise sauce on bagel.	\$18.50	Sesame Chicken Salad w/ pickled ginger, avocado, cucumber & carrot & vinaigrette	\$21.50
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